



**Virginia Challenge Holiday Duals
December 19-21, 2008**

**Boo Williams Sportsplex
5 Armistead Pointe Parkway
Hampton, VA 23666**

All rosters must be turned in by **December 12, 2008** to Darlene Grainger at rodnevg2@cox.net
Please send all names as you know them now; we can change names on rosters at weigh-ins. No changes will be allowed after weigh-ins.

Team Price - \$750.00 Down Payment - \$100.00

Send payments to Virginia Challenge Wrestling, P.O. Box 16423, Chesapeake, VA 23328

The balance on all registrations is due at weigh-ins or your team does not wrestle.

All wrestler, coaches and table workers must have an AAU card. AAU Cards need to be purchased online at www.aausports.org and you must bring a copy of the card to weigh-ins. If you do not get your card before you come there will be a computer set up so you can get one at weigh-ins, but you must have a credit card to purchase one on site. The AAU card is for insurance purposes only.

SCHEDULE

Friday Night: Weigh-ins from 3:00 p.m. to 6:00 p.m. at Boo Williams Sportsplex
Coaches meeting will be 6:10 p.m. to 6:25 p.m.
ROUND 1 6:30 p.m.
ROUND 2 8:20 p.m.

Saturday : ROUND 3A 1:00 p.m. Pool A
 ROUND 3B 2:50 p.m. Pool B
 ROUND 4 4:40 p.m. everyone wrestles
 ROUND 5 6:10 p.m. everyone wrestles
 ROUND 6 9:00 p.m. everyone wrestles

Sunday: ROUND 7 8:00 a.m.
 ROUND 8 9:50 a.m.
 ROUND 9 11:40 a.m.
 ROUND 10 1:20 p.m.

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All Coaches will receive coaches packets at weigh-ins. Packets will include schedule, pools, wristbands (19 wrestlers bands and 4 coaches bands, one of which is the table workers band.) If you are missing any weights please email me at the above email address and we will try to get with other teams to fill your empty spots. When a wrestler is assigned to another team they will be given a wrist band from that team and are not allowed to go back to the home team. Any questions, please call me at 757-286-7982 and I will be happy to explain it to you.

You will be responsible for the wristbands; they are required to enter the building each day. They will be put on at weigh-ins and we ask they not be taken off.

Wrestlers are only permitted to move up one weight class from their certified actual weight Class. If they move up more than one weight class they will be forfeited for that match and their team points will not count. Last Round each day can start early if mat, referee and both teams are ready.

Admission Prices are as follows:

Adult Day-	\$13.00
Adult Weekend-	\$22.00
Child Day-	\$9.00 (6 and over)
Child Weekend-	\$12.00(6 and over)
5 and under are free.	

T-Shirts are available for sale at the tournament. Concession Stands will be available all day.

NO COOLERS WILL BE PERMITTED INSIDE THE BOO WILLIAMS SPORTSPLEX;
WATER AND GATORADE WILL BE PERMITTED.

**For more information contact: Darlene and Rodney Grainger at 757-222-0403 or
757-286-7982 or email at rodneyg2@cox.net**

