

MD/VA 2009 Tournament

Location:

Our Lady of Good Counsel High School
17301 Old Vic Blvd. (off Rte 108)
Olney, Md. 20832

Dates/Times

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| Saturday 3/14/09 | 9:00am - 10:30am (weigh-in all wts.) 11:00am - 11:30am (coaches meetings) * 11:30am - 8:30pm (wrestling) |
| Sunday 3/15/09 | 9:00am - 10:00am (weigh-in all wts.) 10:30am - 5:15pm (wrestling all wts.) 5:30pm - 7:30pm (awards) |

Fee:

\$16.00 per wrestler
Admission: \$6.00 adults (Over HS age) \$3.00 students (under 5 free)

Weights:

NO Weight Allowance Saturday (ie. 75lb = 75lbs)
One (1)additional lb Allowance Sunday (ie. 75lb +1lbs = 76lbs)
NOTE: NFHS rules followed for weigh-ins

Tournament Committee:

Dave Trudil, Ken Kiler, Art Saumenig, & Jarrod Elwell

Host Team: CAWL

Misc.:

Awards for top eight (8) wrestlers, OW (2), top 3 teams
All match times will be full length for Championship & Cons. rounds
Each team will be issued three (3) coaches passes for entry onto floor
Strict enforcement of rules of conduct for athletes, coaches & spectators.
Security will be present to enforce rules of conduct.
All wrestlers must wear team singlets

*** automatic move-up of seeds to fill open positions. Alts fill league slots followed by the lge with next highest #1 position for that weight (i.e. 50lbs AA, CAW then MJW)**